

2010-2011 年度上課時間表 (模式)

2010-2011 Timetable (sample)

本年度時間表有新的安排，過往的綜合潛能課改爲多元智能課，並集中安排於下午時段進行，導師方面除了外聘專業教練外，本校老師亦參與其中。此外更加入了生命教育，以取代個人發展與成長、品格生活和社群學習等科目。以幫助學生認識自己、關心別人、事事感恩，建立正面的價值觀。

This year, we have new arrangements in our school timetable. Multiple Intelligences will replace the former Integrated Intelligences which will be conducted in the afternoon. All courses are organised by professional instructors and our teachers. Moreover, Personal Growth and Development, Life Virtues, and Men and Society have been integrated into Life Education. It aims to help students understand themselves and become confident, show their care for others, give thanks with a grateful heart, and develop positive values and attitudes towards life.

福建中學附屬學校
Fukien Secondary School Affiliated School
2010-2011 上課時間表

時間	分鐘	節數	星期一	星期二	星期三	星期四	星期五
08:15-08:30	15		早會/班主任時間				
08:30-08:35	5		上課準備				
08:35-09:10	35	1	早會				
09:10-09:45	35	2					
09:45-10:05	20		小息				
10:05-10:40	35	3					
10:40-11:15	35	4					
11:15-11:20	5		轉堂小休				
11:20-11:55	35	5					
11:55-12:30	35	6					
12:30-13:30	60		午膳				
13:30-14:05	35	7					
14:05-14:40	35	8			功課輔導		功課輔導
14:40-14:45	5		轉堂小休				
14:45-15:20	35	9			P1-3 生命教育		P1-3 多元智能
15:20-15:45	25	10	功課輔導	功課輔導	P4-S3 多元智能	功課輔導	P1-3 多元智能
15:45-15:55	10		班主任時間				
16:00-17:00	60		課後輔導	課後輔導		課後輔導	

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2010-2011 Timetable

Time	Minutes	Period	Monday	Tuesday	Wednesday	Thursday	Friday
08:15-08:30	15		Morning Assembly/Class Teacher				
08:30-08:35	5	Preparation Time					
08:35-09:10	35	1	Morning Assembly				
09:10-09:45	35	2					
09:45-10:05	20	Recess					
10:05-10:40	35	3					
10:40-11:15	35	4					
11:15-11:20	5	Break					
11:20-11:55	35	5					
11:55-12:30	35	6					
12:30-13:30	60	Lunch					
13:30-14:05	35	7					
14:05-14:40	35	8			Homework Guidance		Homework Guidance
14:40-14:45	5	轉堂小休					
14:45-15:20	35	9			P1-3 Life Edu. P4-S3 Multiple Intelligences		P1-3 Multiple Intelligences
15:20-15:45	25	10	Homework Guidance	Homework Guidance		Homework Guidance	
15:45-15:55	10		Class Teacher				
16:00-17:00	60		Remedial Class	Remedial Class		Remedial Class	